

1. Has there ever been a period of time when you were not your usual self and (while not under the influence of alcohol or drugs): PLEASE ANSWER YES/NO TO FOLLOWING:

...you felt so good or so hyper that other people thought you were not your normal self or you were so hyper that you got into trouble?

YES ___ NO ___

...you were so irritable that you shouted at people or started fights or arguments?

YES ___ NO ___

...you felt much more self-confident than usual?

YES ___ NO ___

...you got much less sleep than usual and found you didn't really miss it?

YES ___ NO ___

...you were much more talkative or spoke much faster than usual?

YES ___ NO ___

...thoughts raced through your head or you couldn't slow your mind down?

YES ___ NO ___

...you were so easily distracted by things around you that you had trouble concentrating or staying on track?

YES ___ NO ___

...you had much more energy than usual?

YES ___ NO ___

...you were much more active or did many more things than usual?

YES ___ NO ___

...you were much more social or outgoing than usual, for example, you telephoned friends in the middle of the night?

YES ___ NO ___

...you were much more interested in sex than usual?

YES ___ NO ___

...you did things that were unusual for you or that other people might have thought were excessive, foolish, or risky?

YES ___ NO ___

...spending money got you or your family into trouble?

YES ___ NO ___

2. If you checked YES to more than one of the above, have several of these ever happened during the same period of time? YES ___ NO ___

3. How much of a problem did any of these cause you - like being unable to work; having family, money or legal troubles; getting into arguments or fights? Please select one response only:

NO PROBLEM MINOR PROBLEM MODERATE PROBLEM SERIOUS PROBLEM

4. Have any of your blood relatives (children, siblings, parents, grand parents, aunts, uncles) had manic-depressive illness or bipolar disorder? YES ___ NO ___

5. Have you ever been told by a professional that you have manic-depression or bipolar disorder? YES ___ NO ___

6. Do you have unwanted ideas, images or impulses that seems silly, nasty or horrible?
YES ___ NO ___

7. Do you worry excessively about dirt, germs, or chemicals? YES ___ NO ___

8. Are you constantly worried that something bad will happen because you forgot something important, like locking the door or turning off the lights? YES ___ NO ___

9. Are you afraid you will loose something of importance? YES ___ NO ___

10. Are there things you feel you must do excessively or thoughts you must think repeatedly in order to feel comfortable? YES ___ NO ___

11. Do you wash yourself or things excessively? YES ___ NO ___

12. Do you have to check things over and over or repeat them many times to be sure they are done properly? YES ___ NO ___

13. Do you avoid situations or people you worry about by hurting by aggressive words or deeds? YES ___ NO ___

14. Do you keep many useless things because you feel that you cannot safely throw them away? YES ___ NO ___

LIST ALL HOSPITALIZATIONS: FOR WHAT AND WHEN:

LIST ANY ALLERGIES TO MEDICATIONS: _____

YOUR PARENTS COULD BE BEST DESCRIBED AS:

STEP FATHER	FATHER		MOTHER	STEP MOTHER
_____	_____	DISTANT	_____	_____
_____	_____	STRICT	_____	_____
_____	_____	LOVING	_____	_____
_____	_____	RIGID	_____	_____
_____	_____	ANGRY	_____	_____
_____	_____	EXPLOSIVE	_____	_____
_____	_____	COLD	_____	_____
_____	_____	WARM	_____	_____
_____	_____	PERMISSIVE	_____	_____
_____	_____	OPEN	_____	_____
_____	_____	ACCEPTING	_____	_____
_____	_____	RESPONSIBLE	_____	_____
_____	_____	EMOTIONAL	_____	_____
_____	_____	PREDICTABLE	_____	_____

PLEASE CHECK IF YOU HAVE ANY OF THE FOLLOWING PROBLEMS:

<input type="checkbox"/> NO PROBLEM	<input type="checkbox"/> CHEST PAIN	<input type="checkbox"/> COUGH
<input type="checkbox"/> ABDOMINAL PAIN	<input type="checkbox"/> NECK PAIN	<input type="checkbox"/> NOSE BLEED
<input type="checkbox"/> DIFFICULT BREATHING	<input type="checkbox"/> PALPITATIONS	<input type="checkbox"/> CHILLS
<input type="checkbox"/> INTOLERANCE HEAT/COLD	<input type="checkbox"/> HEARTBURN	<input type="checkbox"/> RASH
<input type="checkbox"/> INDIGESTION	<input type="checkbox"/> STOMACH PROBLEMS	<input type="checkbox"/> FEVERS
<input type="checkbox"/> CHANGE IN HAIR GROWTH	<input type="checkbox"/> DIARRHEA/CONSTIPATION	<input type="checkbox"/> HOT FLASHES
<input type="checkbox"/> ENURESIS /ENCOPRESIS	<input type="checkbox"/> HEMORRHOIDS	<input type="checkbox"/> SORE GLANDS
<input type="checkbox"/> URINARY PROBLEMS	<input type="checkbox"/> SPEECH PROBLEMS	<input type="checkbox"/> CANCER
<input type="checkbox"/> SEXUAL DIFFICULTY	<input type="checkbox"/> BLURRY VISION	<input type="checkbox"/> SHAKE / TREMOR
<input type="checkbox"/> POOR COORDINATION	<input type="checkbox"/> HEARING PROBLEMS	<input type="checkbox"/> HYPERTENSION
<input type="checkbox"/> SORE THROAT/DRY MOUTH	<input type="checkbox"/> MUSCLE WEAKNESS	<input type="checkbox"/> HEART PROBLEMS
<input type="checkbox"/> SWELLING OF ANKLES	<input type="checkbox"/> FREQUENT COLDS	

PHYSICAL LIMITATIONS SPECIFY: _____

FOR WOMEN: ARE YOU PREGNANT? YES NO

AGE YOUR PERIOD BEGAN: _____ ENDED: _____

PLEASE CHECK ANY OF THE FOLLOWING CONDITIONS FOR WHICH YOU OR YOUR FAMILY HAVE BEEN TREATED:

- | | | | | | |
|-------|-------|--------------------|-------|-------|----------------------|
| _____ | _____ | ANEMIA | _____ | _____ | LIVER PROBLEMS |
| _____ | _____ | ARTHRITIS | _____ | _____ | RESPIRATORY PROBLEMS |
| _____ | _____ | ASTHMA | _____ | _____ | SEIZURES |
| _____ | _____ | CANCER | _____ | _____ | SINUS PROBLEMS |
| _____ | _____ | COLITIS | _____ | _____ | STROKE |
| _____ | _____ | DIABETES | _____ | _____ | THYROID |
| _____ | _____ | ENDOCRINE DISEASE | _____ | _____ | TUBERCULOSIS |
| _____ | _____ | GASTRITIS | _____ | _____ | ULCERS |
| _____ | _____ | GLAUCOMA DISEASE | _____ | _____ | URINARY PROBLEMS |
| _____ | _____ | GOUT | _____ | _____ | V.D. |
| _____ | _____ | HEART ATTACK | _____ | _____ | HIGH BLOOD PRESSURE |
| _____ | _____ | LOW BLOOD PRESSURE | _____ | _____ | HEPATITIS |
| _____ | _____ | KIDNEY DISEASE | _____ | _____ | FAMILY DISEASE |

PRIMARY CARE PHYSICIAN: _____ PHONE: _____

ADDRESS: _____

HAVE YOU EVER BEEN SEEN BY ME PRIOR TO TODAY? _____ IF YES WHEN? _____

PLEASE STATE IN YOUR OWN WORDS WHY YOU ARE SEEKING PROFESSIONAL HELP:

HOW LONG HAVE YOU HAD THESE PROBLEMS AND HAVE YOU ATTEMPTED TO DO ANY-
THING ABOUT THIS? _____

PLEASE CHECK ANY ITEMS THAT YOU FEEL APPLY

- | | | |
|---|---|--|
| <input type="checkbox"/> HEADACHES | <input type="checkbox"/> NAIVE | <input type="checkbox"/> CAN'T MAKE |
| <input type="checkbox"/> DIZZINESS | <input type="checkbox"/> DON'T TAKE VACATIONS | <input type="checkbox"/> FRIENDS |
| <input type="checkbox"/> FAINTING SPELLS | <input type="checkbox"/> WORTHWHILE | <input type="checkbox"/> CONFIDENT |
| <input type="checkbox"/> NIGHTMARES | <input type="checkbox"/> MEMORY PROBLEMS | <input type="checkbox"/> LIKE TEACHERS |
| <input type="checkbox"/> STOMACH PROBLEMS | <input type="checkbox"/> HOME CONDITIONS BAD | <input type="checkbox"/> HAD MANY FRIENDS |
| <input type="checkbox"/> HEART PALPITATIONS | <input type="checkbox"/> ATTRACTIVE | <input type="checkbox"/> DID POORLY |
| <input type="checkbox"/> FATIGUE | <input type="checkbox"/> CONSIDERATE | <input type="checkbox"/> DISLIKED SCHOOL |
| <input type="checkbox"/> SLEEP PROBLEMS | <input type="checkbox"/> REGRETFUL | <input type="checkbox"/> NEVER SENT TO |
| <input type="checkbox"/> SHAKING | <input type="checkbox"/> LONELY | <input type="checkbox"/> PRINCIPAL |
| <input type="checkbox"/> DEPRESSED | <input type="checkbox"/> DEFORMED | <input type="checkbox"/> WAS A GOOD STU- |
| <input type="checkbox"/> WANT TO HURT SELF | <input type="checkbox"/> MISUNDERSTOOD | <input type="checkbox"/> DENT |
| <input type="checkbox"/> SEX PROBLEMS | <input type="checkbox"/> RESTLESS | <input type="checkbox"/> WAS EXPELLED |
| <input type="checkbox"/> DRUG PROBLEMS | <input type="checkbox"/> CONFIDENT | |
| <input type="checkbox"/> UNABLE TO RELAX | <input type="checkbox"/> BORED | |
| <input type="checkbox"/> INADEQUATE | <input type="checkbox"/> UNLOVED | <u>CHILDHOOD ISSUES:</u> |
| <input type="checkbox"/> WORTHLESS | <input type="checkbox"/> NOT CONFIDENT | <input type="checkbox"/> SLEEPWALKING |
| <input type="checkbox"/> LIFE IS EMPTY | <input type="checkbox"/> SYMPATHETIC | <input type="checkbox"/> CHILDHOOD FEARS |
| <input type="checkbox"/> STUPID | <input type="checkbox"/> GOOD PERSON | <input type="checkbox"/> HAPPY CHILDHOOD |
| <input type="checkbox"/> HORRIBLE THOUGHTS | <input type="checkbox"/> INTELLIGENT | <input type="checkbox"/> FIGHTING |
| <input type="checkbox"/> INCOMPETENT | <input type="checkbox"/> CAN'T KEEP A JOB | <input type="checkbox"/> NAIL BITING |
| <input type="checkbox"/> NERVOUS | <input type="checkbox"/> GUILTY | <input type="checkbox"/> BED WETTING |
| <input type="checkbox"/> EVIL | <input type="checkbox"/> PUSHY | <input type="checkbox"/> STAMMERING |
| <input type="checkbox"/> COWARDLY | <input type="checkbox"/> HATEFUL | <input type="checkbox"/> UNHAPPY CHILDHOOD |
| <input type="checkbox"/> OVER AMBITIOUS | <input type="checkbox"/> INFERIORITY FELLING | <input type="checkbox"/> THUMB SUCKING |
| <input type="checkbox"/> CAN'T MAKE DECISIONS | <input type="checkbox"/> TIMID | <input type="checkbox"/> SHY |
| <input type="checkbox"/> CONFUSED | <input type="checkbox"/> CAN'T CONCENTRATE | <input type="checkbox"/> GOOD RELATIONS |

ROBIN ERICKSON, PH.D., LMHC, CAP

Professional Counseling Services

4631 N. Congress Ave., Ste 204 West Palm Beach, FL 33407-3234
561 312-5299 ~ FAX 561 494-0613

OFFICE POLICIES

- 1.) I UNDERSTAND THAT IT IS MY RESPONSIBILITY TO ASSURE I KNOW THE DATE AND TIME OF MY NEXT APPOINTMENT, A COURTESY CALL WILL USUALLY BE ATTEMPTED, HOWEVER UNFORESEEN CIRCUMSTANCES HAPPEN, SUCH AS AN MACHINE BEING FULL OR BROKEN, OR A PHONE NUMBER BEING DISCONNECTED. **A 24 HOUR NOTICE IS REQUIRED BEFORE CHANGING OR CANCELLING APPOINTMENTS, OTHERWISE THE PATIENT WILL BE CHARGED \$75.00 DUE AND PAYABLE AT THE NEXT VISIT. (FIRST NO SHOW OR CANCELLATIONS LESS THAN 24 HRS. WILL BE WAIVED) ***PLEASE NOTE: INSURANCE COMPANIES DO NOT PAY FOR MISSED APPOINTMENTS.**
- 2.) CASH ACCOUNTS ARE TO BE PAID IN FULL AT THE TIME OF THE VISIT, UNLESS OTHERWISE AUTHORIZED BY **DR. ROBIN ERICKSON.**
- 3.) THOSE COVERED BY INSURANCE, MUST PAY CO-PAY AT TIME OF EACH VISIT. THE OFFICE IS SET UP TO ACCEPT CASH OR CHECKS ONLY- NO CREDIT CARDS ARE ACCEPTED.
- 4.) THERE IS A **\$50.00** CHARGE FOR ALL RETURNED CHECKS; FULL PAYMENT IS REQUIRED IN THE FORM OF CASH OR MONEY ORDER. FAILURE TO CLEAR UP A RETURNED CHECK WITHIN 30 DAYS WILL RESULT IN PROSECUTION PROCEDURES WITH THE STATE ATTORNEY'S OFFICE.
- 5.) I UNDERSTAND THAT **DR. ROBIN ERICKSON** DOES NOT RETURN CALLS REGARDING ISSUES OR QUESTIONS THAT CAN BE DISCUSSED DURING A REGULAR APPOINTMENT. THIS INCLUDES RELATIVES WANTING INFORMATION. SIMPLE DISCOMFORTS,"MEDICATION NOT REALLY HELPING", "BEING VERY UPSET" ARE NOT CONSIDERED EMERGENCIES. IF YOU FEEL YOU CANNOT WAIT FOR AN APPOINTMENT, PLEASE FEEL FREE TO CALL AND BE PLACED ON OUR CANCELLATION LIST AND WE WILL CONTACT YOU IF A SOONER APPT. BECOMES AVAILABLE. "IF I FEEL I CANNOT WAIT FOR AN APPT, I WILL CALL 911 OR GO TO THE NEAREST EMERGENCY ROOM FOR HELP."

INITIALS _____ DATE _____

- 6.) A COUNSELING SESSION BY PHONE MAY BE CONSIDERED IN SPECIAL CIRCUMSTANCES AND MUST BE SCHEDULED DURING BUSINESS HOURS AND PRE-PAID. PLEASE NOTE: **INSURANCE COMPANIES DO NOT PAY FOR SERVICES CONDUCTED BY PHONE.** FEE FOR COUNSELING SERVICE BY PHONE: 30 MIN SESSION- \$ 60.00 / 50 MIN SESSION- \$120.
- 7.) ALL REQUESTS FOR PAPERWORK OR RECORDS MUST BE IN WRITING AND A RELEASE/REQUEST FOR INFORMATION FORM MUST BE ON FILE. WRITTEN DOCUMENTATION, SUCH AS A LETTER ARE SUBJECT TO A \$30.00 FEE. CASE NOTES AND OTHER RECORDS REQUESTS ARE SUBJECT TO \$1.00 PER PAGE PLUS MAILING COSTS. FEES ARE WAIVED FOR REQUESTS TO OR FROM ANOTHER DOCTOR.
- 8.) ANY ACCOUNT THAT IS TURNED OVER TO COLLECTIONS WILL BE SUBJECT TO A 33% SERVICE FEE. I UNDERSTAND THAT IF MY ACCOUNT IS SENT TO COLLECTIONS I WILL NOT BE ABLE TO SCHEDULE ANY FURTHER APPOINTMENTS UNTIL THE BALANCE IS PAID OFF.
- 9.) I UNDERSTAND THAT ANY VERBAL AGGRESSION OR INAPPROPRIATE LANGUAGE OR BEHAVIOR, USED TOWARD OFFICE STAFF OR DR. ERICKSON, EITHER IN PERSON OR BY TELEPHONE, WILL RESULT IN IMMEDIATE TERMINATION OF CARE HERE, OR MAY LEAD TO INVOLVEMENT OF LAW ENFORCEMENT OFFICERS AS DEEMED NECESSARY.

10.) I UNDERSTAND THAT I WILL CONTACT MY PSYCHIATRIST REGARDING ALL INQUIRIES REGARDING MY MEDICATIONS. **DR. ROBIN ERICKSON** IS NOT AUTHORIZED TO DISPENSE, CHANGE, ADVISE OR CONSULT WITH YOU REGARDING YOUR MEDICATIONS.

11.) FOR MORE INFORMATION AND RESOURCES, PLEASE FEEL FREE TO VISIT OUR WEBSITE: @ **WWW.ROBINERICKSON.COM**

BY SIGNING THIS FORM, I AM CONSENTING TO TREATMENT AND HEREBY ACKNOWLEDGE I HAVE READ AND UNDERSTOOD THE OFFICE POLICIES AND PROCEDURES. IF YOU HAVE ANY CONCERNS OR QUESTIONS REGARDING THE OFFICE POLICIES, PLEASE SPEAK WITH OFFICE PERSONNEL PRIOR TO SIGNING.

SIGNATURE OF PATIENT/GUARDIAN _____

PRINT PATIENT/GUARDIAN NAME: _____ DATE _____

WITNESSED BY _____

ROBIN ERICKSON, PH.D, LMHC, CAP
Professional Counseling Services
4631 N. Congress Ave., Ste 204 West Palm Beach, Fl. 33407-3234
561 312-5288 FAX 561 494-0613

RELEASE/REQUEST FOR INFORMATION

I, _____ GRANT PERMISSION FOR THE RELEASE/REQUEST OF ALL MEDICAL RECORDS TO/FROM **ROBIN ERICKSON, PH.D, LMHC, CAP** INCLUDING STAFF OR RECORDS CUSTODIAN FOR THE PURPOSE OF MEDICAL, PSYCHIATRIC, AND COUNSELING CARE AND TREATMENT.

COPIES OF MY OFFICE RECORDS MAY BE FORWARDED TO:

COPIES OF MY OFFICE RECORDS MAY BE REQUESTED FROM:

INFORMATION REGARDING MY CASE MAY BE DISCUSSED/DISCLOSED TO/WITH:

THIS RELEASE ALSO PERMITS THE OFFICE OF **ROBIN ERICKSON, PH.D, LMHC, CAP** TO CONFIRM SCHEDULED APPOINTMENTS IN THE FOLLOWING MANNER: HOME PHONE, ANSWERING MACHINE, VOICE MAIL, WORK PLACE PHONE, CELL PHONE, PAGER, LEAVING A MESSAGE WITH A FAMILY MEMBER. UNLESS OTHERWISE SPECIFIED. PLEASE INITIAL HERE _____ IF OTHERWISE SPECIFIED, PLEASE STATE HERE:

_____.

THIS SIGNED RELEASE OF INFORMATION WILL EXPIRE IN 1 YEAR OR UNTIL WRITTEN NOTIFICATION TO REVOKE CERTAIN APPROVAL FROM THE PATIENT IS SUBMITTED TO THE OFFICE OF **ROBIN ERICKSON, PH.D, LMHC, CAP**.

SIGNATURE: _____ DATE: _____

PRINTED NAME: _____ SOC SEC # _____

WITNESS: _____ DATE: _____

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BY SIGNING THIS PAGE I AM ATTESTING THAT I HAVE READ AND UNDERSTOOD THE ATTACHED NOTICE OF PRIVACY PRACTICES THAT WILL BE USED BY THIS OFFICE.

I ALSO UNDERSTAND THAT A COPY OF THIS NOTICE WILL BE PROVIDED TO ME UPON REQUEST.

SIGNATURE: _____ DATE: _____

PRINTED NAME: _____

WITNESS: _____ DATE: _____